

Over-the-Counter Drug List

The following is a list of covered over-the-counter (OTC) medications for Medica Choice CareSM, Medica MinnesotaCare, Medica DUAL SolutionSM, and Medica AccessAbility SolutionSM members. This list is not all inclusive and does not guarantee coverage. You need a prescription from a Medica participating provider to get an OTC medication covered by Medica. Also, you must take the prescription to a pharmacy in the Medica network. Pharmacies will dispense the generic version of the prescribed product whenever possible. Please refer to your benefit information for your copayment information or contact Medica's Customer Service department at (952) 992-2322 or toll-free 1-800-373-8335. TTY users, please call (952) 992-2357 or toll-free 1-800-234-8819.

When a generic drug is available, the brand-name is listed as a reference only. Medica's OTC Drug List is Effective June 1, 2007. The list is subject to change. Visit our Web site at www.medica.com for updated OTC Drug List information.

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Generic Name	Example of Brand Name(s)
DIGESTION & GASTROINTESTINAL	
Acid Suppressants & Antacids	
aluminum hydroxide	Alternagel
calcium carbonate	Tums, Tums Extra Strength, Tums Ultra
calcium/magnesium	Mylanta, Rolaids
famotidine	Pepcid AC
famotidine plus calcium	Pepcid Complete
magnesium/aluminum/simethicone	Maalox, Maalox Plus, Mylanta
omeprazole OTC	Prilosec OTC
ranitidine	Zantac
sodium bicarbonate	
Antidiarrheals	
bismuth subsalicylate	Pepto-Bismol, Kaopectate
loperamide	Imodium A-D
Loperamide/simethicone	Imodium Advanced
Laxatives, Stool Softeners, & Fiber	
bisacodyl	Dulcolax
calcium polycarbophil	Fiber-lax
cellulose	Unifiber**
docusate sodium	Colace, Dok
docusate calcium	Surfak
glycerin suppositories	Fleet Suppositories
guar gum	Benefiber**
magnesium citrate	Citroma
magnesium hydroxide	Phillip's Milk of Magnesia
magnesium oxide	Mag OX
maltodextrin	Fiber Clear
methylcellulose	Citrucel, Citrucel SF
mineral oil/mineral oil enema	Fleet Mineral Oil Enema
peg 3350	Miralax**
phospho-saline	Fleet Phospho-soda/Fleet enema
psyllium fiber	Metamucil
senna	Senokot
senna/docusate	Senokot - S
sorbitol	
Miscellaneous Digestion	
chlorophylline copper complex	Derifil**
lactase	Lactaid

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Miscellaneous Digestion (cont)	
simethicone	Gas-X, Mylicon, Phazyme
thicken starches	Thick It, Thick It - II
EAR CARE	
carbamide peroxide	Debrox, Murine Ear Wax Removal Kit
saline solution	Murine Earigate**
isopropyl alcohol/glycerine	Star-Otic**
EYE CARE	
Anti-itch & Allergy	
ketotifen	Zaditor OTC**, Alaway**
naphazoline	Naphcon
naphazoline/pheniramine	Naphcon-A
tetrahydrozoline	Murine Plus
tetrahydrozoline/zinc	Visine Allergy
Artificial Tears & Lubricating Ointments	
akwa tears (drops)	Liquitears
akwa tears (mineral oil ointment)	LacriLube SOP
artificial tears (drops)	Artificial Tears, Tears Naturale, Murine
artificial tears (ointment)	Tears Naturale Ointment
sodium chloride ophthalmic (drops)	Muro-128
Ocular (Eye) Nutrition	
I-caps (generics)	
I-caps plus	
I-vite (AREDS formulation)	Ocuvite Preservision
lutein vision vits	Ocuvite with Lutein
lutein	
macuvite	Ocuvite
NASAL (NOSE) SPRAYS	
cromolyn sodium	Nasalcrom
oxymetazoline	Afrin
phenylephrine	Little Noses, Vicks Sinex
xylometazoline	Neo-Synephrine II
ORAL (MOUTH) CARE	
artificial saliva substitutes	Moi-stir**, Salivart**, Saliva Substitute**, Oasis Spray**, Glandosane**
carbomide peroxide	Gly-Oxide**
docosanol	Abreva**
hydrogen peroxide	Peroxyl Oral Cleanser
sodium fluoride	Phos-flur**
stannous fluoride	Gel-Kam

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PAIN & FEVER	
acetaminophen	Tylenol
acetaminophen extended release	Tylenol Arthritis
acetaminophen/aspirin/caffeine	Excedrin
aspirin	Bayer, St. Joseph's
aspirin / antacids	Ascriptin
aspirin buffered	Bufferin
aspirin (enteric coated)	Ecotrin
ibuprofen	Motrin IB, Advil
naproxen	Aleve
RESPIRATORY	
Allergy & Congestion	
cetirizine	Zyrtec
cetirizine/pseudoephedrine	Zyrtec D
chlorpheniramine	Chlor-Trimeton
clemastine	Tavist
diphenhydramine	Benadryl
loratadine	Claritin OTC, Alavert
loratadine/pseudoephedrine	Claritin-D OTC, Alavert-D
phenylephrine	Sudafed PE
phenylephrine/acetaminophen	Tylenol Sinus Congestion
Allergy & Congestion (cont)	
phenylephrine/chlorpheniramine	Chlor-Trimeton
phenylephrine/acetaminophen/chlorpheniramine	Dristan Cold
phenylephrine/brompheniramine	Dimetapp
pseudoephedrine	Sudafed
Cough & Cold	
dextromethorphan	Tussin Max Strength
dextromethorphan/chlorpheniramine	Coricidine HBP
dextromethorphan/phenylephrine	Little Colds
dextromethorphan/phenylephrine/ acetaminophen	Tylenol Cold
dextromethorphan/phenylephrine/ acetaminophen/chlorpheniramine	Tylenol Cold, Triaminic, Comtrex
dextromethorphan/phenylephrine/ brompheniramine	Dimetapp DM
dextromethorphan/pseudoephedrine/ chlorpheniramine	Triaminic Cough & Cold
guaifenesin	Robitussin,
guaifenesin (extended release)	Mucinex**

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Cough & Cold (cont)	
guaifenesin/dextromethorphan	Robitussin DM
guaifenesin/dextrometh/phenylephrine	Robitussin CF
guaifenesin/p-ephedrine (extended release)	Mucinex D**
guaifenesin/phenylephrine	Robitussin PE, Triaminic
Miscellaneous Respiratory	
sodium chloride for inhalation	Bronchosaline
water for inhalation	
SKIN/TOPICAL	
Acne	
benzoyl peroxide	PanOxyl, Clearasil
salicylic acid	OxyClean, Noxzema Anti-Acne
Antibiotics & Antifungals	
bacitracin/bacitracin zinc	
bacitracin/polymyxin b sulfate	Polysporin, Double Antibiotic
butenafine	Lotrimin Ultra**
clotrimazole	Lotrimin AF, Desenex
ketoconazole (shampoo)	Nizoral A-D**
miconazole	Monistat Derm, Micatin, Microguard
neomycin/bacitracin/polymixin/pramoxine	Neosporin Plus
neomycin/bacitracin/polymyxin	Neosporin, Triple Antibiotic
terbinafine (cream)	Lamisil AT
terbinafine (spray)	Lamisil AT Spray**
tolnaftate	Tinactin
Anti-itch & Anti-inflammatory	
calamine lotion	Caladryl, Calamine
hydrocortisone (cream, lotion, solution)	Cortizone, Cortaid, Scalpacin
diphenhydramine (cream, spray)	Benadryl Topical
diphenhydramine/zinc	Itch Relief
pramoxine/ammonium	Amlactin AP**
pramoxine/calamine	Caladryl
pramoxine/camphor/zinc	Caladryl Clear
Moisturizers	
ammonium lactate cream	Amlactin**, Lac-Hydrin 5**
urea	Carmol 10, Carmol 20
white petrolatum	Vaseline
Pediculocides (Lice)	
permethrin	Nix
piperonyl/pyrethrins/permeth	Rid Complete
piperonyl/pyrethrins	Rid

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Miscellaneous Topical	
capsaicin	Capzasin-P, Zostrix
ethyl alcohol	Lavacol
hydrogen peroxide	
isopropyl alcohol	Rubbing Alcohol
povidone-iodine	Betadine
Warts	
salicylic acid discs/gel/liquid/plaster	Duofilm, Duoplant, Compound W, Mediplast
SUPPLEMENTS	
Minerals	
calcium carbonate	Caltrate, Os-Cal
calcium carbonate/vitamin D	Caltrate-D
calcium carbonate/vitamin D (soft chewable)	Vi-Active**
calcium carbonate/vitamin D/minerals	Caltrate-600 Plus, Os-Cal Ultra
calcium citrate	Citracal
calcium citrate/vitamin D	Citracal-D
calcium glubionate	Calcionate
calcium gluconate	
ferrous fumerate	Ferretts
ferrous fumerate/docusate	Ferro-DSS
ferrous sulfate	Feosol, Fer-in-sol
iron polysaccharide complex	Niferex-150, Ferex-150
magnesium	Magnacaps
magnesium chloride	Slow Mag
magnesium gluconate	Magonate
magnesium oxide	Uromag
sodium chloride (tablets)	Salt Tabs
sodium phosphates	Neutra-Phos**
sodium phosphates/potassium phosphates	Neutra-Phos-K**
zinc gluconate	
zinc sulfate	Orazinc, Zinc 220
Multivitamins	
multivitamins	One-A-Day
multivitamins (pediatric)	Centrum Children's, Flintstone
multivitamins with fluoride	Poly-Vi-Flor
multivitamins with minerals	Centrum, Certagen, Century Vits
multivitamins with minerals & iron	One-A-Day Iron
multivitamins with minerals & lutein	Centrum Silver, Certagen Senior
prenatal multivitamins	Stuarnatal (OTC)
therapeutic multivitamins	Theragram-M, Hexavitamins

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Vitamins	
biotin	
cholecalciferol (vitamin D)	
cyanocobalamin (vitamin B-12)	
folic acid	
ergocalciferol (vitamin D)	
niacin (immediate & extended-release)	Slo-Niacin
niacinamide	
pantothenic acid	
pyridoxine (vitamin B-6)	
riboflavin (vitamin B-2)	
thiamine (vitamin B-1)	
WOMEN'S HEALTH	
Hormones	
levonorgesterol	Plan B**
Vaginal Antifungals	
clotrimazole	Gyne-Lotrimin-3, Gyne-Lotrimin-7, Mycelex-7
miconazole	Monistat-3, Monistat-7
tioconazole	Vagistat-1
MISCELLANEOUS (OTHER)	
Oral	
dimenhydrinate	Dramamine
glucose	Glucose, Insta-Glucose
meclizine	Dramamine II, Bonine

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